Traditional and Roth IRA contribution limit Catch-up limit for individuals age 50 and older \$1,000 SIMPLE IRA Elective deferral limit Catch-up limit for individuals age 50 and older Sa,000 Maximum employer match (\$1 for \$1 match on the first 3% of employee compensation deferred). Maximum employer non-elective contribution (2% of employee's compensation, up to \$280k in 2019 and \$285k in 2020) Catch-up deferral is also matched by employer if individual is age \$3,000 50 or older. SEP IRA Maximum SEP contribution \$56,000 SEP compensation exclusion \$600 401(k), SARSEP, 403(b) Elective deferral limit \$19,000	\$6,000 \$1,000 \$13,500 \$3,000 \$13,500 \$5,700 \$3,000
Elective deferral limit \$13,000 Catch-up limit for individuals age 50 and older \$3,000 Maximum employer match (\$1 for \$1 match on the first 3% of employee compensation deferred). Maximum employer non-elective contribution \$5,600 (2% of employee's compensation, up to \$280k in 2019 and \$285k in 2020) Catch-up deferral is also matched by employer if individual is age \$3,000 50 or older. SEP IRA Maximum SEP contribution \$56,000 SEP compensation exclusion \$600	\$13,500 \$3,000 \$13,500 \$5,700 \$3,000 \$57,000
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SEP compensation exclusion \$600	
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401(k), SARSEP, 403(b) Elective deferral limit \$19,000	\$600
	\$19,500
and Governmental 457(b) Catch-up limit for individuals age 50 and older \$6,000	\$6,500
Profit Sharing, 401(k) and Defined contribution limit \$56,000 Money Purchase Pension (415(c) limit)	\$57,000
Profit Sharing, 401(k), SEP Employee annual compensation limit \$280,000 and Money Purchase Pension	\$285,000
401(k), SARSEP, 403(b) Highly compensated employee limit \$125,000 (no requirement for 5% owner)	\$130,000
Profit Sharing, 401(k) and Top-heavy plan key employee compensation limit \$180,000 Money Purchase Pension	\$185,000
Defined Benefit Maximum annual benefit at retirement \$225,000	\$230,000

Modified Adjusted Gross Income (MAGI) phase-out ranges for traditional IRA deduction when taxpayer is covered by a retirement plan at work		
Filing status	2019	2020
Single or head of household	\$64,000-\$74,000	\$65,000 -\$75,000
Married filing jointly	\$103,000-\$123,000	\$104,000-\$124,000
Married filing jointly for non-covered spouse with a spouse who is an active participant	\$193,000-\$203,000	\$196,000-\$206,000
MAGI phase-out ranges for Roth IRA annual contributions		
Filing status	2019	2020
Single or head of household	\$122,000-\$137,000	\$124,000-\$139,000
Married filing jointly	\$193,000-\$203,000	\$196,000-\$206,000
Social Security	2019	2020
Social security taxable wage base	\$132,900	\$137,700
Maximum earnings for individuals under normal retirement age before Social Security benefits are reduced. One dollar in benefits will be withheld for every \$2 in earnings above the limit.	\$17,640 (\$1,470/mo)	\$18,240 (\$1,520/mo)
Maximum Social Security benefit at social security full retirement age	\$2,861	\$3,011